

OPEN - PUBLIC- MONTHLY GRIEF SUPPORT GROUP

Above & Beyond Gathering Room

417 E. 1st Street Monticello

4th Monday Each Month 6pm-7:30pm

* some dates may vary due to holidays

"the only cure for grief is to grieve" Earl Grollman

QUESTIONS, CONTACT

CAROL DEJONG, BEREAVEMENT

cdejong@abovebeyondhc.com

(319) 465-4637

GRIEF IS

NORMAL

A NATURAL REACTION TO LOSS

EXPERIENCED UNIQUELY

NEEDS EXPRESSION

A MEANS TO RECONCILING LOSS

NO FEE

EDUCATION & DISCUSSION

18 YEARS & OLDER

GRIEF SUPPORT GROUPS

OFFER A PLACE TO EXPRESS GRIEF

TEACH NEW WAYS OF APPROACHING PROBLEMS

RECONCILE LOSS

REDUCE LONELINESS

HEAL YOUR HEART

GIVE & RECIEVED SUPPORT & UNDERSTANDING

REAWAKEN A ZET FOR LIFE & FIIND MEANING

The more we care;

the more beautiful life becomes

Above & Beyond

www.abovebeyondhc.com

Hospice (319)465-4637

Home Health (319) 465-3059

417 E. 1st Street Monticello IA 52310

Office Hours M-F 8am-4pm